

CORPUS CHRISTI SCHOOL

ATHLETIC PROGRAMS Information



Updated: September 2010

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**Corpus Christi School website is www.corpuschristischoolct.com/
Student Life, Athletics**

Mission Statement of Corpus Christi School Athletic Programs

Basketball & Soccer

First and foremost, we are a school ~

Corpus Christi School is a Catholic community committed to the education of children from nursery school through eighth grade. Through the integration of traditional and contemporary teaching methods, students are inspired and guided spiritually, academically, socially, physically, and artistically. Incorporating Christian values and academics, the school strives to develop well-educated, socially responsible citizens who contribute to the world using their God-given gifts and talents.

Today's families have choices to involve their children in sports programs not only at Corpus Christi School but also in their towns and regions at various levels of development and competition. We need to offer programs that enrich our children's overall learning experience and include as many children as reasonably possible, but we also need to recognize that our programs must be manageable based on the available resources that we can offer.

This document will explain the Athletic Program at Corpus Christi School. Specific details about Basketball and Soccer will follow below.

The Goals are to teach and positively encourage each player so he/she can maximize his/her abilities, have fun, and learn the games of basketball and soccer. We all know the benefits of youth sports programs including -

- Learning the values of teamwork and leadership
- Committing to and supporting a team
- Developing the individual discipline to work at skills and fitness
- Develop relationships that can last a lifetime

Sports also offer everyone a great opportunity to learn valuable life lessons.

For children, our program should offer a positive, memorable experience where he or she can learn to be the best possible athlete and teammate in a structured, fun environment.

For parents, our program should help you learn how to make important choices for your child's development including when to involve him or her in competitive sports. Participation is earned - not an entitlement.

Basketball Program:

Overview:

Corpus Christi School teams participate in the Central Connecticut Deanery League of Catholic Schools. Our School is subject to the Deanery's scheduling of games, tournaments, rules, by-laws, and guidelines.

Corpus Christi School **does not play** in the Connecticut Parish league (sometimes called the "CYO" league). Corpus Christi Parish has a separate team that competes against other Parish teams in a different league which includes Incarnation Church, Sacred Heart Church, and other Parish teams from Central Connecticut.

Though the existence of both a School Team and a Parish Team at Corpus Christi has been confusing to parents new to this fact, we must point out that parents do have the choice of considering having their child try out for and possibly participate on either team subject to the eligibility guidelines of either program.

Though it would be desirable to allow as many children as possible the opportunity to play, our School is faced with some constraints. There are a limited number of practice time slots per week in the Corpus Christi gym since we share the gym with the Parish Teams. Also, certain midday practice times preclude volunteer coaches from being able to make commitments to the program.

Based on the growth of the basketball program over the last few years, Corpus Christi School and Athletic Committee are hopeful to support anywhere from **4 to 8 teams** each school year. The details provided below should answer most questions that have been asked about the nature of our program structure and team selection process moving forward.

Basketball Season Timeline:

- September 2010 Parents receive Basketball information
 Coaches submit interest in Coaching Positions
 Program finalized & Coaches confirmed
 Eligibility and Tryout details published
 Registration Forms submitted
- October 2010 Tryouts & Team selections, Practices Begin
- Nov - Feb 2011 Deanery Games
- February 2011 February Frenzy – School Vacation Week
 (Note – By invitation of Corpus Parish Team – see pg 7)
- Feb/March 2011 Deanery League Playoffs

Basketball Practice Information:

Practice time is allocated based on coaches' availability to run practice. Volunteer coaches with full time jobs work out final scheduling during the following time slots:

Practice Days TBD each year:

Practice Time Slots:

3:00 – 4:30

4:30 – 6:00

6:00 – 7:30

7:30 – 9:00

*Note: Time slots may be subject to change based on scheduled games and make up games during the season (see more information in Frequently Asked Questions)

Boys & Girls Varsity Basketball Teams:

Number of Teams - The School will promote a competitive program at the Varsity level by conducting a tryout and skills assessment in order to determine selections for one (1) boys varsity and one (1) girl's varsity team

Eligibility – Varsity players are generally selected from 7th grade and 8th grade students with prior basketball experience.

Note: The Deanary Rules state that a player who commits to a School or Parish program must stay with that program for 2 years and is not allowed to switch between the Parish and the School programs while on a JV and/or Varsity team.

Team Selection – Prior to the season start, an independent group of qualified basketball evaluators will conduct tryouts, resulting in a skill assessment for each player. The team will be selected from the Top Ranked 7th & 8th grade players.

Exceptions - A 6th grader is allowed to “play up” only when a Varsity team needs to fill out a minimum number of players and the 6th grader is considered to have sufficient experience and skills.

Coaches and Practices - Each Varsity team will have two coaches (one head coach and one assistant) and typically have two practices per week, on and/or off site locations.

Team Commitment – We hope that by choosing to play at Corpus Christi School this will be a priority and every attempt will be made to make all practices and games. If a player misses practice(s), it could result in reduced playing time.

Boys & Girls Junior Varsity Teams:

Eligibility – Junior Varsity players are students in the 5th and 6th grades who tryout for a position on the Corpus Christi's Junior Varsity team. Students in the 4th grade may be included to participate on the JV teams (most likely at the B level) depending on whether there are enough practice slots, coaches and players interested. The Athletic Club will need to review this option each year. The Athletic Club will try to accommodate all JV level students as long as there are enough coaches and practice slots for all teams.

Note: Deanery rules state that 6th grade students must play an A level schedule. If a 2nd girls or boys team has only 5th grade students, then they may compete in the JV - B league Schedule depending on their ability.

If a school enters two (2) JV boys or two (2) JV girls teams in the A schedule the JV A teams might be designated as "Team A1" and "Team A2" on the Deanery Schedules. The Athletic Club will designate the teams as Corpus JV Blue and Corpus JV White.

This may be different from year to year depending on the number of students in each grade level trying out. If the team selection is made and both JV teams have at least one 6th grader on it, both teams must compete in the Deanery A schedule. If the 2nd team for either the boys or girls has only developmental players, that team can either compete in the Deanery B league or Deanery A league.

Registration and Team Selection: Prior to the season start, a registration process will be conducted (see page # 31) to determine the number of interested players in each grade level. This will help to better understand the potential number of interested players prior to tryouts.

Number of JV Teams – The available resources (i.e., gym time & coaches) along with number of interested players will determine the number and types of JV teams the School will promote. Again, depending on tryout and player selection, the school will determine if both teams play in the JV-A league schedule or if 1 plays JV- A and 1 plays JV- B. This is primarily because 6th grade players can not play in a B level league so if the JV selection has 6th graders on both teams, then both teams would play in the A league.

Note: With **enough coaches** and if enough interested players, the school will move to support **2 teams** for the girls and **2 teams** for the boys.

Exceptions: A 4th grader may be considered to participate on a JV A level team if the JV A team needs to fill out a minimum number of players and the 4th grader is considered to have sufficient experience and skills. Students in 4th grade may be included to participate on a JV B level team as long as there are enough players, practice slots, and coach availability to add the JV B level team. Prior to the season

start, a 4th grade interest form will be provided to the 4th graders (see page # 32) in order to determine the number of interested players.

The school and Athletic Club will have the final input as to whether or not an additional JV team is manageable and can offer a level of quality to those players participating.

Selection for JV Teams – Prior to the season start, an independent group of qualified basketball evaluators will conduct tryouts resulting in a skills assessment for each player. Teams will be selected from the Top Ranked 5th & 6th grade players.

A second JV team may be selected using the skills assessment and evaluations. To reiterate, 6th graders are required to play at the JV A level. If a 6th grade player does not make the first JV-A team nor the second JV A team, and resources do not permit the creation of additional JV teams, the player may have to choose a recreational or alternative basketball program.

Developmental JV Level – JV B Team – If resources are secured (**court time, money and coaches**), and the need is there, the School may opt to create another Junior Varsity team at the B level. The school and the Athletic Club will have final input as to whether or not an additional team is manageable and can offer a level of quality to those players participating.

Coaches and Practices - Each Junior Varsity team will have two (2) coaches (a head coach and an assistant) and typically are given two practices per week, on and/or off site locations.

Team Commitment – We hope that by choosing to play at Corpus Christi School this will be a priority and every attempt will be made to make all practices and games. If a player misses practice(s), it could result in reduced playing time.

February Frenzy Participation:

4 teams are allowed to participate.

- Varsity – 1 Boys & 1 Girls team
- Junior Varsity – 1 JV A1 Boys and 1 JVA Girls Team

Special Note

Additional School JVA teams may be invited by CC Parish Athletic Board depending on the number of teams who accept the invitation and if the Parish experiences last minute cancellations. In past years, a second JV girls team has been invited to participate in the February Frenzy due to last minute cancellations.

Basketball Rules when attending games at Corpus Christi School

- 1.** Fans, spectators, and parents/guardians are not allowed on the court at any time - during timeouts, at the quarter end, halftime and/or end of game.
- 2.** No shooting or bouncing of balls by fans, spectators, and parents/guardians during the basketball games, timeouts, quarter end, halftime and/or end of game.
- 3.** Appropriate behavior is expected at all times by fans, spectators, and parents/guardians. No booing or negative comments toward players and/or referees will be allowed. The Deanery has a formal and strict policy regarding yelling at or engaging referees and/or players in an inappropriate manner. Parents/guardians, fans, spectators will be asked to leave a game immediately for inappropriate actions and may be prohibited from returning to the next game.
- 4.** Fans, spectators, and parents/guardians are not allowed to run in or outside of the gym or hallways of the school.
- 5.** Students in grades 5 and below must be seated during the basketball game and accompanied by a parent/guardian.
- 6.** Students in all grades will not be allowed to leave the building unless accompanied by a parent/guardian.

Soccer Program

Overview:

Corpus Christi School participates in the Connecticut Catholic Schools Soccer League. The league is a co-ed, youth soccer program with a family environment, powered by the spirit of Christian volunteerism! The program serves the middle and elementary Catholic school families of greater central Connecticut.

The Catholic Schools Soccer (CSS) Program was established in 1998 by Manchester-Area parochial school students, teachers and parent volunteers. CSS is hosted by St. Bridget School of Manchester Connecticut. The original 1998 schools and their representative members were St. Bridget-Lou Carpenter, Assumption-Mark Suprin, St. James-Chris Garrahan and St. Christopher-Paul Fitzgerald. The 1999 entries were St. Bernard-Brian Griffin, St. Joseph-Tom Skahan, St. Mary-Bob Biancamanno and St. Gabriel-Bob Luby. Since then, St. Rose-Vilma Canales, St. Augustine-Ed Silvia, St. Brigid-Bill Mentus and Corpus Christi-Dale Harris have joined the blessed Catholic school soccer family and pray there are many more to come!

The purpose of the Corpus Christi School Soccer Program is to teach the fundamentals of soccer, develop the athletic skills of each participant and provide an enjoyable sporting program for both students and parents. Corpus Christi offers both a JV and Varsity team. The JV team is open to students in grades 3, 4, and 5. The varsity team consists of students in grades 6, 7 and 8. There are no try outs and prior soccer experience is not required. All students interested in participating in the soccer program will be included provided there are enough parent and coach volunteers.

The ideal team size is 12 – 14 students per team. However, Corpus Christi will support more students per team and/or more teams if there is enough student interest and an adequate number of volunteer coaches. The teams play an 8 vs. 8 player game. The league offers 3 divisions for participation. Each division offers a different level of competition to allow for challenging games.

Corpus Christi School practices are held on the Silas Deane Middle School Fields located at the corner of Cottwell Drive and Hurlburt Road. Practice days and times are determined by the volunteer coaching staff depending on their availability. Both JV and Varsity will try to hold practices twice a week for 1 ½ hours. All games are typically played on Saturdays in various Manchester soccer fields. The Corpus Christi School Soccer Program is meant to be developmental and fun for the participants versus a competitive environment.

Soccer Season Timeline

- March
Soccer Program registration, request for volunteer coaches, practices begin
- April – June
10 week or less game schedule with participation in the end of season tournament and potentially an 8th grade farewell game
- June
End of season soccer team banquet to celebrate accomplishments and praise teamwork

Communication

With the exception of the initial registration and team selection notification, all communication will be provided via e-mail. A Catholic Schools web site (<http://hometeamsonline.com/teams/default.asp?u=NORCONNPSL&sport=soccer&t=c&p=home&s=soccer>) is maintained by the director of the program with an extensive amount of information. Schedules, stats, field locations and directions, as well as pictures are regularly updated. Corpus Christi's web site will include a link to the soccer web site.

FREQUENTLY ASKED QUESTIONS:

1- How will the coaches be selected for each Basketball team?

Each year, anyone interested in being a basketball coach must complete an application (see page # 22). Coaches will be selected based on experience and coaching style best suited to represent Corpus Christi School. The Executive Board consisting of Pastor/Priest Director, School Principal, Athletic Director, President, Vice President, Treasurer, Secretary, and up to 2 additional board members will be involved in selecting the coaches each year. One Head Coach will be selected for each team, and he/she can then select his/her assistant coach, subject to the Executive Board approval. An application needs to be submitted for the Head Coach, as well as anyone interested in being an assistant coach.

Expectations: See expectation of coaches, players and parents at the end of the document.

Please Note: Deanery Rules require Coaches:

1. To be over the age of 21
2. Obtain VIRTUS training
3. Agree to a background check

2 - Why can't we have a sign-up for Basketball so that anyone who wants to play can (in other words, no one gets cut from the team)?

What happens if more than 12 sign up for Varsity tryouts and more than 24 for 2 JV girls teams and more than 24 for 2 JV boys teams?

In a perfect world, Corpus Christi would have unlimited court time and a whole volunteer staff capable of coaching everyone. We all wish we could offer our program to as many students as possible. Each year the following constraints need to be evaluated in order to determine if the number of players who have signed up to play basketball can be accommodated:

1. **Gym Availability:** Corpus Christi School has limited practice time slots each week in the school gym since we share the gym with 4 Parish Teams, the CCD Program, other organizations and school events. It is costly and difficult to find additional gym space that is local to the school which forces the Athletic Club to limit the number of teams each year.
2. **Volunteer Coaches:** The Athletic Club hopes to recruit coaches with basketball experience in order to better develop the players and basketball teams. This can limit the number of available coaches and also contribute to forfeiting additional teams. Coaches are typically parents from the school who

are usually not thanked properly, and hear a lot of complaints. If we do not have parent coaches, we may be forced to pay an outside coach which is not budgeted for in the registration fee.

3. **Practice Times:** Since the first practice slot begins at 3:00 and the second begins at 4:30, a number of working parents are prohibited from volunteering to be a coach thus reducing the number of available coaches. Even though the Executive Board begins talking to prior coaches and other interested parents early in the season, they are often unable to make commitments until immediately prior to the season start.
4. **Volunteer Assignments:** All sports programs require many hands and as the number of teams increase, so do the number of volunteers needed to run a successful program. Without the additional volunteers, it is not feasible to consider additional teams. (See volunteer positions in FAQ).

The Athletic Club understands everyone wants what's best for their children but it is very difficult to accommodate everyone. The sports programs are run by volunteers and need more assistance as the number of teams increase. Volunteers give up a lot of time and energy to help the program. We understand that the parents are stretched and volunteer at other areas at Corpus Christi School. We also understand that taking on an additional role in the basketball program is difficult, but future teams can not be added without the volunteer staff.

The Athletic Programs are always subject to modifications from year to year. This document was developed to help parents better understand the basketball program offered at Corpus Christi School.

Until the registration forms for each season are received, the exact number of teams is unknown. If not so many players are interested in playing basketball, it would result in no cuts but rather a team placement. If a large number of players are interested in playing basketball and there are not enough coach volunteers and not enough gym time, it might result in cuts having to occur in order to keep the number of teams to a manageable number. It is important to inform you of this prior to registering. It is also important to understand this can change year to year, dependent on the number of players interested from each grade.

Basketball is a sport that sparks emotion and yet, the intent is to give you all the facts to remove that emotion and make the best possible decision for your child, whether that be to try out for the Corpus Christi School team, the Parish team or your town's recreational program.

3- How does the Tryout and Skills Assessment work?

Tryouts will be scheduled and communicated to the students and parents sometime early to mid fall (Sept/Oct). The tryout encompasses drills and scrimmage time. Independent Evaluators will be brought in to look specifically at what level your child

- Can exhibit an amount of basic athleticism to function safely on a team,
- Can perform basic skills (catching, passing, dribbling, shooting), and
- Can take direction and listen to a coach and/or an instructor.

4- How many players will be selected for each team?

The ideal basketball team number is 10 or 12 players; however, teams can include more or less players.

5- Who are the Independent Evaluators?

The Independent Evaluators will be individuals who are coaches in other communities (AAU, Travel) and have extensive basketball knowledge. They *will not* be related to, or have knowledge of, any of the children in the Corpus Community and will evaluate children objectively based on the criteria provided in Question #3 above.

6- How is the evaluation information shared?

The evaluations will be compiled and given to the Executive Board for team alignment. The Varsity and JV Teams will be created based on the evaluations. The top talent will be placed on one team and the next set of players placed on another team given there is a volunteer coach available.

Please Note: Under no circumstances will individual evaluation information about skills assessment be conveyed to children or parents by the evaluators, coaches, or any Club member.

7- Why don't we split the skill equally for the JV teams?

At the end of the previous season or beginning of the new season, the Executive Board will review the pros and cons of the past season and determine how the teams are to be split for the upcoming season. The current decision is to not split the talent but to keep them together on one team.

Corpus Christi is one of the only schools (because of our size) that have the added complexity of having more than 1 Junior Varsity team. The Athletic Club has discussed the various options for team makeup of the JV A teams, thus selecting to not split the talent.

Reason for not splitting the talent:

Past experience has shown is very difficult to split the talent equally therefore both teams (and players) are at a disadvantage.

The less skilled players on the more talented team do not play as much and didn't have the opportunity to develop their skills as much as if they were on another team.

By not splitting the talent between 2 JV teams will allow the children of Corpus to grow their skills when playing and practicing with players of similar ability. The coaches also find it difficult to coach a team, as well as difficult for the players to adjust to learning the game when the talent level varied among players. Splitting the talent will force players who are playing basketball for the first time to be with players who have been playing together for several years.

Students should consider it an honor to play for Corpus Christi School no matter the team. We ask the focus and message to the students/players should be as such. Playing basketball and learning that you have to work hard to get better at basketball is a worthy lesson we should all be striving to teach our children. We understand full well that the children will talk about which team they are on but the children will take their cues from the adults in their life and the message from parents should be a positive one, even if they may not be playing with their best friend (s). We also know that some players will have to deal with disappointment for the first time – it is at this time we as parents either use that to teach them about life or we blame someone.

8- What if my child is not selected for a Varsity team?

As explained above in our Mission and Philosophy statements, sports provides valuable life lessons for both children and parents that includes recognizing strengths and weaknesses, and learning to address disappointment by focusing positive energy in other areas. God did not make all children capable of playing team sports, and God did not entitle all children to play on a Varsity or JV Level team.

That being said, Corpus Christi School is attempting to promote as inclusive a program as possible while still offering children who make the teams as rewarding an experience as possible at their levels of ability. All children develop at different times. At this time, we encourage you to consider town recreational programs, travel teams, or other sports programs, and possibly have your child try out again, if he or she does not make a team.

The Athletic Club has been formed in order to build Athletic programs at Corpus Christi School and offer other options for children unable to play basketball. Soccer is also available and offered for students during the Spring season.

9- What if I don't agree with the selection process?

First, we encourage you to be a responsible adult and consider why the selection of your child was not made. Parents need to have a sense of realism about their own child's level of ability and be able to have the difficult conversations we need to have with our children about life events. That being said, as a last resort, the Athletic Club does have a Grievance Committee and you are free to discuss this with the committee.

10- Where, how many days, and how long will the practices be?

Practices will be held at Corpus Christi School or other gym locations for 90 minutes based on the confirmed time slots for each team. As explained above, our goal is to have at least two practices per week unless scheduling conflicts arise at which time you should be informed by the Athletic Club or coaches of the changes.

JV B teams are given one 90 minute practice slot per week.

11- When and where will the basketball games be held?

Boys & Girls Varsity: Various Weeknights
Boys JV: JV A: Saturday AM (9-12)
Girls JV: JV A: Sunday PM (1-4)

Corpus Christi plays at Catholic schools in the greater Hartford area, as well as, Meriden, and does not travel statewide unless the team makes the playoffs.

12 - How will the basketball practices be run?

Our expectation is that each child will come prepared to learn the game of basketball. We ask that each child arrive 10 minutes early to every practice dressed and ready to go. We will begin and end each session promptly. Practices will be centered on conditioning and learning the fundamentals of basketball.

Examples:

- Differences between Defensive and Offensive sets
- Fundamental instructions will be on ball handling, passing, shooting, rebounding, and defense.

13- What is the expectation for the basketball season?

Teams may not win every game, but it is expected that all the players will listen, try, and hustle all of the time. There is a very short window to teach during practice, so that time needs to be productive. Practices, pre-games, and game routine will be fun. It is understood that each player has different physical abilities. With that being said, we also know that each player has the ability to try as hard as he/she can.

14 - How much playing time will my child get?

At the Varsity level there is no Deanery requirement for playing time and playing time will be determined at the discretion of the coaches.

At the JV level, the Deanery requires a minimum of 6 minutes per game per player. Other playing time, above this, is at the discretion of the coaches. While winning is fun, it is not fun to come to practice, work hard, and not play. If you miss practice(s), it could result in reduced playing time.

15- Is winning emphasized?

Basketball is a competitive, team sport. The kids will be more aware of the score than you realize. We won't emphasize it – the emphasis will be on fundamentals, effort, and sportsmanship. We believe that if we can teach a player to maximize his abilities at this level, everything else will fall in place including winning games. Basketball is fun to play when you are contributing on a team, whether that is by making a great pass (assist), blocking a shot, getting a rebound, diving for a loose ball, or scoring the basket. The feedback to the kids will always be positive.

Coaches will not yell at the players. The Athletic Club believes a child can develop skills through proper teaching, communication, and positive reinforcement.

We believe whatever instructions need to be given, whether it is on or off the court, (fooling around on the sidelines for instance) can be accomplished with a positive tone from coaches and a consistent message coming from parents (see question # 16 below as well).

16- Will there be officials?

Yes, there will be official Deanery referees that follow closely the Guidelines of the League. **Please Note:** The Deanery has a formal and strict policy about yelling at or engaging referees in inappropriate manners. Parents/guardians, fans, spectators will be asked to leave a game immediately for inappropriate actions and may be prohibited from returning to the next game.

17- Are there any additional costs that I should be aware of?

There is an entrance fee to each game which varies depending on whether the game is JV or Varsity and whether the game is a Playoff game. (Typically between \$2.00 - \$5.00).

18- What other responsibilities will there be for parents?

Each family will have mandatory volunteer assignments for the Basketball season. (See Corpus Christi School Athletic Club Volunteer Position Descriptions for further information on the volunteer assignments on Page 20)

These responsibilities will be assigned at the beginning of the season. It is the responsibility of the parent/family member to find a replacement if the date assigned does not work in your schedule. If parent volunteer assignments are missed, your child will not be allowed to play during the next game which he/she attends.

19- Will there be other sports in the future at Corpus Christi School?

We absolutely hope so and that is our intent but we can't stress enough that each program takes many hands and if you are willing to help organize and run a program, the Executive Board is here to help you bring that program forward.

20- What can parents do to help?

Parents are the most influential people in a young child's life and have an equal if not more important role in communicating all aspects of the child's basketball experience. You can have a good dialogue with us about learning the game and the reasons we are doing the drills we are. You can also encourage your child to speak to you or the coaches whenever they are confused or have questions. The program and the coaches selected are very approachable and will be able to answer any questions you have about basketball, our philosophy, and the development of your child as long as the approach is fair and reasonable. You, as a parent, can –

- Encourage your child to work hard and understand the program commitment,
- Support coaches by telling your child to listen at practice, not be disruptive,
- Visit practices as often as you can and attend games,
- Practice fundamentals at home – we only have one to two practices per week!
- Understand the Deanery rules and guidelines to understand playing time, and
- Accept your child's position on the team.

SPECIAL NOTE FOR PARENTS:

Corpus Christi School adheres to the philosophy that the club and coaches are doing the best they can to create fairness in as balanced a way as possible. If you have an objection to the way the program is run, or how teams are being coached, offer to volunteer by being part of the program or accept the decisions made by the committee.

As parents/guardians, we know how exciting it is to watch your child while he/she is playing on the court. The Athletic Club loves enthusiasm and encouragement but will ask you to refrain from yelling instructions to your child when he/she is on the court or on the bench. Too many instructions from the stands (shoot – pass – run, or just calling his/her name) simply confuses your child while playing. Basketball is a very fast paced game, and the instructions are to come from the coaches rather than multiple sources.

We do encourage all parents to support and clap for **both** teams as this shows great sportsmanship.

Finally, let us conclude by stating the following, attributed to Dr. Richard Ginsburg, a faculty member at Harvard University and author of a book titled:

Whose Game is It Anyway?

When adults have unrealistic sports expectations for kids, they risk undermining the very benefits they want to foster. In the end, success is not about outcome. Success is about developing a love of play; competency in one’s body; the capacity to compete honorably; and respect for the game, the coach and the opponent. It’s about working hard, doing your best and sharing ups and downs with peers and adults.

As children grow older, skill development and friendships are key. As they approach adolescence, coming to terms with their strengths and weaknesses and establishing a strong sense of identity are essential. Sports can be a wonderful vehicle to assist in this development. If sports participation aids in the developments of these markers, then parents can rest assured that their children are doing well. If their kids don’t have friends, aren’t getting enough sleep and see sports as an obligation or a chore, they’re missing the mark.

Corpus Christi School Athletic Club Volunteer Positions:

No organization exists without a defined mission and a strong volunteer organization. In order to run the Corpus Christi Athletic Program for the school year 2010/2011, the following committee positions and volunteer assignments need to be staffed.

The officer roles and responsibilities are outlined in the By-laws and Constitution. We hope that you will volunteer and become a part of the program. We will work with whatever time and support you can provide.

These roles can be handled by one person and in some cases can be shared effectively with another individual. The Corpus Christi Athletic Club cannot be run without the support of volunteers.

Corpus Christi School Athletic Director:

Athletic Director: Sharon Reynolds

Athletic Club Officers:

- 1. President: Nancy Boccuzzi
naboccuzzi@sbcglobal.net***
- 2. Vice President: Nick D'Eramo
nick@triplestitch.com***
- 3. Treasurer: Vacant***
- 4. Secretary: Ken Mark
ken_mark@att.net***

Additional Athletic Club Board Members/Roles:

- 5. Executive Board Member: Pastor/Priest Director***
- 6. Executive Board Member: School Principal***
- 7. Executive Board Member: Morris Borea***
- 8. Executive Board Member: Tom Kasetta***

Corpus Christi School Athletic Club Volunteer Position Descriptions - Basketball

- 1. Concessions Coordinator:**
Is responsible for stocking, buying, set up, and verifying volunteer coverage in order to sell concessions at all home games.
- 2. Concessions Volunteer:**
Sells concessions for a designated amount of time (potentially one hour) during home games.
- 3. Fundraising Coordinator:**
Responsible for stocking, buying, set up, and verifying volunteer coverage to sell Corpus Christi Basketball apparel at home games and/or other times.
- 4. Fundraising Volunteer:**
Sells Corpus Christi Basketball apparel for a designated amount of time (potentially one hour) during home games and/or other times.
- 5. Preseason & Start Up Coordinator:**
Distributes uniforms, stocks medical kits for each team in the beginning and through out the year, coordinates closets in gym and collects all outstanding uniforms.
- 6. Publicity Coordinator:**
Provides Wednesday Headlines and School Website with information regarding team schedules, accomplishments and other publicity information.
- 7. General Volunteer Coordinator:**
Organizes volunteers needed for all home/host games (i.e., admissions, timekeeper, scorebook, site coordinator, security, concessions, fundraising, set up, and break down).
- 8. Basketball Banquet Coordinator:**
Organizes the annual basketball banquet including invitations, participants, food, drinks, and desserts. Orders trophies and other items needed for the banquet.
- 9. Basketball Banquet Volunteers:**
Responsible for assisting the coordinator with the annual basketball banquet.

Volunteer Assignments for Corpus Christi Children:

Every team has successful people supporting the program in various ways. These assignments are not mandatory to running the program but would be a terrific way to build team spirit for the school and to potentially allow someone who may not make a team to participate in the program.

1. Varsity Girls Team Manager

Roles & Responsibilities: Scorekeeper, Statistician, Other items

Timeframe/ Estimated Hours: Attend games with team

2. Varsity Boys Team Manager

Roles & Responsibilities: Scorekeeper, Statistician, Other items

Timeframe/ Estimated Hours: Attend games with team

3. Frenzy Fan Coordinator – Boys Teams

Seeking a fun and exuberant student for this role!!!

Roles & Responsibilities: Generally, coordinates and rallies the students to attend the Frenzy games and creates a school spirit atmosphere for the Corpus Christi School teams!

Timeframe/ Estimated Hours – As much as the student enjoys!

3. Frenzy Fan Coordinator – Girls Teams

Seeking a fun and exuberant student for this role!!!

Roles & Responsibilities: Generally, coordinates and rallies the students to attend the Frenzy games and create a school spirit atmosphere for the Corpus Christi School teams!

Timeframe/ Estimated Hours - As much as the student enjoys!

Coach Application – Basketball

Name: _____

School year: **2010/2011**

Please circle team and position applying for:

Boys Varsity	Head	Assistant
Girls Varsity	Head	Assistant
Boys JV	Head	Assistant
Girls JV	Head	Assistant

- **Coaching experience: (Levels coached)**

- **Playing Experience:**

- **Post Season Experience:**

- **Have you ever had any disciplinary action taken against you as a Head coach or Assistant Coach?**

If yes, please explain.

- **Coaching philosophy & style:**

- **What is your motivational style:**

- Explain how you communicate with parents?

Have you read the attached Expectations of the Players, Parents and Coaches and agree to abide by these fundamental principles? YES NO

Availability to coach:

Days: _____

Timeframe that works best: 3:00 – 4:30, 4:30 – 6:00, 6:00 – 7:30, 7:30 -9:00

Signature: _____

Dated: _____

Please forward by October 1, 2010 to Athletic Director in the School Office
Thank you for your interest in the Corpus Christi School Athletic Club.

Expectations of Players at Corpus Christi School

Do your best in every practice and game

Give it your best and you will be your best. Give 100% effort 100% of the time.

Be early for every practice and game

Your coach and teammates are counting on you. Be a team player. Be dependable. Let your coach know if you will be late or can't attend a game or practice.

Honor and know the game

The more you know the better you will be. Basketball is a great game filled with lots of rules. Understand and follow the rules of the game. Each year you will learn something new about basketball.

Develop teamwork and a sharing attitude

There is no letter "I" in the word TEAM. It takes all the players working together to win in basketball. Lend a helping hand.

Listen and learn from your coaches and teammates

We can all learn from each other. Don't be afraid to say, "I don't know how, coach. Would you teach me?" Watch the other players and learn from them.

Pay attention at all times when you are playing the game

You have a job to do on every play no matter what position you play. Learn what that job is and be prepared.

Cheer on and support all of your teammates

You need them and they need you to win. Cheer up your teammate when he makes an error or mistake. Congratulate your teammate when he makes a nice play.

Hustle on and off of the court

Always hustle and keep your chin up – there is no walking on and off the court.

Be a good sport at all times

Learn from losing as well as winning. Be a good winner and a good loser. Be a kind and caring person. Control your temper when you get upset or make a mistake. Develop self control. Behave appropriately on the bench and during practices.

Show respect for yourself, coaches, teammates, referees, and parents

Just like in school – don't talk back or be mean to others. Don't act like a fool – be cool! Treat them the way you want to be treated.

Wear your uniform with pride

Tuck in your jersey and keep your shorts up. Take care of your uniform and equipment. Have pride in how you look.

Take responsibility for yourself

Know when you have practice or a game. Get ready without your parents having to tell you. Make sure you have your sneakers and uniform. Practice at home.

Always be positive and HAVE FUN!!!

Expectations of Coaches at Corpus Christi School

It is the utmost responsibility of the coach to create the best possible experience for players and parents. No one can be perfect in their approach, but we can make every effort to meet the expectations of those directly involved at Corpus Christi School. Remember a coach is a teacher!!

AS A COACH I WILL MAKE EVERY EFFORT TO:

Create a safe and caring environment for players to learn, practice, and play

It all starts with you. You and your coaches are responsible for the well being of all your players.

Model good sportsmanship and be a good role model

Kids learn by the examples set by their parents, teachers, and coaches. Lessons learned from these early years stay with them for life. Help make those be positive examples that follow them throughout their lives.

Never yell in anger, be sarcastic, or put a player down

Try to keep an even keel at all times and always be encouraging to all your players. Always use positive reinforcement!! Be positive in situations where there seems to be failure. Say something positive and encouraging while explaining mistakes or working on problems. You can be the determining factor in a player's confidence level. You can affect whether or not the player loves or hates the game. Don't turn them off with negativity!!! They are only young kids.

Demonstrate poise, self-control, and self-confidence

Kids will do as you do!! Maintain the dignity of the person with whom you may be having a conflict. Never, ever, get into a confrontation with anyone in the presence of the kids.

Be honest with your players and don't be afraid to admit your mistakes

Kids can read phoniness better than you think. Don't make empty promises or go back on your word. If you can admit when you're at fault they will respect you and act the same way. Keep an open mind.

Be kind, approachable, courteous and polite

Kids want to look up to you. Treat them the way you would want your child to be treated. Show them that you treat the parents and other adults the same way.

Communicate appropriately with parents

Always address problems offline when possible. Try to step back when a difficult situation occurs especially when things get heated up. Offer to discuss

a problem after the game/practice privately. Never, ever, make a scene in front of the kids!!! If things get out of hand, you should use referees, league officials, etc. to help resolve the problem. Stay in control!!!

Model a high level of respect for volunteers and referees at all times

You can discuss disagreements without losing control. If you don't show respect towards others, your players won't either.

Provide all players the opportunity to learn and to play

It's not just about your child or those perceived as the "all-star" players. Your goal as coach should be to see improvement over the course of the season from every player on your team. Develop the weaker kids, as well as the more talented kids, and you'll be a winner!! Don't make rash judgments of kids' abilities early on. Some kids learn and blossom at different times. Some kids have a greater exposure to the game from home life (older siblings, a parent who coaches) than other kids. They may already know more about the game than some others. When teaching, never assume that all kids know what you're talking about. The ones who don't understand you may be embarrassed and afraid to let on to the other kids that they don't understand. Spell it out for them!!

Make every player feel like he/she is an important part of the team

It takes a team to win in basketball.

Be knowledgeable of the rules of the game

Make sure that you, and your coaches, know the rule book. Then teach the kids and parents. Show them the strategic nuances of the game.

Set clear, reasonable expectations and reachable goals

Set goals for practices and during the games. Don't expect your team to gel at the first practice. Set mid-season and end of season goals so that everyone can see their improvement over the course of the season.

Be fair to all players

Find the unpolished gem in each of your players. Your skill as a coach is judged by how well you can get the kid who's struggling to succeed. Understand that progress, and growth, often comes one step at a time. Understand that players develop and improve at different rates. Help them want to improve.

Share ideas and expertise with other coaches

We're here to help all the kids from every team. Work together and the whole league will benefit from it.

Ensure that all players are instructed on safety

Teach them to consider the safety of others as well as their own personal safety. Warm up the players before every practice and game. Teach them to take care of their bodies on and off the field.

Support the work of league officials, organizers, and volunteers

The league can't run without everyone's efforts. There are many good people giving of their free time to make things happen. Help out and be patient.

Honor the game

Basketball is a wonderful game filled with many traditions and subtleties. Be a voice that passes on the beauty of the game to the next generation and generations yet to come.

REMEMBER THAT THE GAME IS FOR THE PLAYERS!!

Expectations of Parents at Corpus Christi School

Make every effort to attend your children's games

Seeing and hearing you support him/her helps build their confidence.

Make every effort to get your child to games and practices on time

Teach the importance of being on time when the team is depending on you.

Notify your child's coach if your child will be absent from a practice or game

Coaches need time to plan lineups and practices – be a team player.

Be a positive and supportive parent for the coaches and team

Help out with your share of team duties, concessions, etc....

Be a positive role model

Kids learn the most from the examples you set for them.

Model good sportsmanship

Be a good sport if your child's team wins or loses.

Never show frustration or get on another player or referee

You can't expect kids to exercise self-control if you don't.

Show dignity, respect, and support for coaches, referees, volunteers, players, and other parents

Always treat them with the same respect you would want them to give your child.

Communicate with the coach in the appropriate ways

If you have an issue with your child's coach, be sure to communicate with him/her at the appropriate time, not during or after a game. Never make a scene in front of the children!

Cheer for all of the players on the team

All for one and one for all! It takes a team to win!

Cheer, or acknowledge, a nice play, or effort, by an opposing player

Teach them that good sportsmanship can coincide with spirited competition.

Be there when your child is successful or when he/she is struggling

A pat on the back, or a kind word, from you can go a long way.

Understand that the game of basketball is fast paced, very difficult to learn and play

It takes years of hard work and dedication – don't expect your child to learn it all in one or two seasons.

Look for opportunities to work with your child on the skills of the game

Learn together – they will remember your time together forever.

Honor and know the game

Basketball is a wonderful game filled with many intricacies and traditions. Have fun learning to respect the game with your child.

REMEMBER, IT IS JUST A GAME!! ALWAYS HAVE FUN!!

Corpus Christi School Basketball Registration -2010/2011

Please return this completed registration by **October 1, 2010** to the school office – Attention Athletic Department if your child will be trying out for a 2010/2011 basketball team.

JV = 5th & 6th graders

Varsity = 7th & 8th graders

Tryout Dates:

Boys - Tuesday, October 12, 2010

Girls - Thursday, October 14, 2010

JV 5:30 – 7:00 pm

Varsity 7:15 - 8:30 pm

JV 5:30 – 7:00 pm

Varsity 7:15 - 8:30 pm

Tryouts will be closed – Only players trying out will be allowed in the gym with the independent evaluators. School administration will be present during tryouts.

Please refer to the Athletic Club Document on the Corpus Christi Web site (www.corpuschristischoolct.com/) for complete detailed information on the basketball program.

Child Name: _____

School year: 2010/2011

Grade: _____

Parent/Guardian 1 Name: _____

Parent/Guardian 1 home phone _____ Cell phone _____

Parent/Guardian 1 Contact Email: _____

Additional Parent/Guardian Information (if needed)

Parent/Guardian 2 Name: _____

Parent/Guardian 2 home phone _____ Cell phone _____

Parent/Guardian 2 Contact Email: _____

Please circle team trying out for:

Boys Varsity

Girls Varsity

Boys Junior Varsity

Girls Junior Varsity

- **Registration Fee = \$175.00 per player for Varsity and JV teams**
- **Medical Participation Form will need to be signed by a physician for participation**

Checks payable to CCSAC

Corpus Christi School
4th Grade Basketball Interest Form-2010/2011

The Athletic Club would like to identify basketball interest from the 4th grade class (boys & girls).

Please complete this form by **Friday, October 15, 2010** and return to the school office – Attention Athletic Department if you are interested in participating on a B Level school basketball team.

Interested students will be notified if enough participation has been obtained along with a coach.

Child Name:

School year: 2010/2011

Grade: 4 Circle one: E W

Parent/Guardian 1 Name:

Parent/Guardian 1 Home phone _____ Cell phone

Parent/Guardian 1 Contact Email: _____

Additional Parent/Guardian Information (if needed)

Parent/Guardian 2 Name:

Parent/Guardian 2 Home phone _____ Cell phone

Parent/Guardian 2 Contact Email: _____

- If there is a team, the fee will be \$125.00 per player for the 4th grade B Level Team.

Corpus Christi School Athletic Program Signature Page – Basketball

I have read through the Corpus Christi Athletic Program Document and agree with how the basketball program is set up and how it will run during the 2010/2011 season.

Player Name: _____

Player signature: _____

Parent Name: _____

Parent Signature: _____

Date: _____

This form is to be submitted to the school office to the attention of the Athletic Director before the player's first game.